



Running with the Eagles 5k!

When: Saturday, July 16th at 9am
(registration begins at 8am in the school parking lot)

Where: NYM School Parking Lot; the course includes local paved roads.

What: 5k run/walk to raise funds for the New York Mills Track/Cross Country teams!

How much: \$25 registration fee which includes a free athletic style t-shirt! Those who pre-register by July 2, 2016 will get a t-shirt. If you register after that date or the day of the race it will be first come first serve on the remaining t-shirts.

What else? There will be awards for fastest male/female, as well as fastest in each age group.

THE EAGLE CHALLENGE: There will be two runners from our track/cross country teams that will be participating and identified prior to the race. Non-track/cross country participants who beat our runners across the finish line will receive **\$5 off** of next years 5k run/walk registration! 😊

Water and fruit will be provided to participants after the race!

Email molly.costin@yahoo.com for a registration form, or look me (Molly Costin) up on Facebook! Registration forms will also be available at the NYM School District Office, and Deans Country Market!

Thank you to our sponsors!

