



# OCT. 2018

MENU SUBJECT TO CHANGE  
 FRUIT, VEGETABLES & MILK SERVED DAILY  
 QUESTIONS? CONTACT JULIE PETERSON AT  
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| MONDAY  | TUESDAY   | WED.  | THURSDAY   | FRIDAY  |
|---|---|---|--|---|
| <p>1</p> <p>YOGURT SMOOTHIES CEREAL, UNCRUSTABLE<br/>*****<br/>CHICKEN GRAVY MASHED POTATO GLAZED CARROTS DINNER ROLL</p> | <p>2</p> <p>EGG &amp; CHEESE WRAP, UNCRUSTABLE, SCOOPY SNACKS<br/>*****<br/>HAMBURGER FRENCH FRIES BAKED BEANS</p>          | <p>3</p> <p>CINNAMON ROLL CEREAL UNCRUSTABLE<br/>*****<br/>CHEESE PIZZA COOKIE</p>  | <p>4</p> <p>BENEFIT BAR YOGURT UNCRUSTABLE<br/>*****<br/>MINI WAFFLES SAUSAGE PATTY HARD BOILED EGG</p>          | <p>5</p> <p>BLUEBERRY BAGEL, CEREAL UNCRUSTABLE<br/>*****<br/>TURKEY AND CHEESE CROISSANT CHIPS</p> |
| <p>8</p> <p>BREAKFAST PIZZA CEREAL UNCRUSTABLE<br/>*****<br/>CHICKEN STRIPS SCALLOPED POTATOES DINNER ROLL</p>            | <p>9</p> <p>YOGURT PARFAIT MINI OATMEAL SNACKS UNCRUSTABLE<br/>*****<br/>BEEF NACHOS CHEESE SAUCE BLACK BEANS</p>           | <p>10</p> <p>LONG JOHNS CEREAL UNCRUSTABLE<br/>*****<br/>SAUSAGE PIZZA SORBET CUP</p>   | <p>11</p> <p>PANCAKES HARD BOILED EGG UNCRUSTABLE<br/>*****<br/>LASAGNA ROLLUPS GARLIC BREAD-STICK</p>           | <p>12</p> <p>HAM &amp; CHEESE BAGEL CEREAL UNCRUSTABLE<br/>*****<br/>SLOPPY JOE CHIPS</p>           |
| <p>15</p> <p>PANCAKE ON A STICK CEREAL UNCRUSTABLE<br/>*****<br/>RIBLET SANDWICH BAKED BEANS SMILE POTATOES</p>           | <p>16</p> <p>BISCUITS &amp; GRAVY YOGURT UNCRUSTABLE<br/>*****<br/>POPCORN CHICKEN, MASHED POTATO, GLAZED CARROTS, ROLL</p> | <p>17</p> <p>MINI DONUTS CEREAL UNCRUSTABLE<br/>*****<br/>PEPPERONI PIZZA COOKIE</p>  | <p>18</p> <p>NO SCHOOL</p>   | <p>19</p> <p>NO SCHOOL</p>  |
| <p>22</p> <p>CHEESE OMELET TOAST CEREAL UNCRUSTABLE<br/>*****<br/>CHICKEN ALFREDO, STEAMED BROCCOLI BREADSTICK</p>        | <p>23</p> <p>CINNAMON ROLL HARD BOILED EGG UNCRUSTABLE<br/>*****<br/>FISH NUGGETS FRENCH FRIES APPLE CHURRO</p>             | <p>24</p> <p>SAUSAGE &amp; CHEESE SANDWICH, CEREAL UNCRUSTABLE<br/>*****<br/>FEISTADA PIZZA ANIMAL CRACKER</p>                | <p>25</p> <p>PRETZELS WITH CHEESE SAUCE YOGURT UNCRUSTABLE<br/>*****<br/>SOFT TACO SUNFLOWER SEED MAPLE BAR</p>  | <p>26</p> <p>MINI WAFFLES CEREAL UNCRUSTABLE<br/>*****<br/>CORN DOGS BAKED BEANS CHIPS</p>          |
| <p>29</p> <p>MUFFINS CEREAL UNCRUSTABLE<br/>*****<br/>TURKEY &amp; CHEESE WRAP POTATO WEDGES</p>                          | <p>30</p> <p>MINI DONUTS OATMEAL BAR UNCRUSTABLE<br/>*****<br/>TACO IN A BOAT REFRIED BEANS</p>                             | <p>31</p> <p>YOGURT SMOOTHIE, CEREAL UNCRUSTABLE<br/>*****<br/>HALLOWEEN NUGGETS MASHED POTATO GRAVY, ROLL PUMPKIN SORBET</p> | <p>MONDAY, TUESDAY AND THURSDAY PIZZA OPTION WEDNESDAY CHEF SALAD, FRIDAY UNCRUSTABLE OPTION FOR HIGH SCHOOL</p> |   |